

## Identifying the complementary and integrative medicine (CIM) practices of healthcare professionals in canton Vaud's Northern Psychiatric Sector (DP-CHUV/SPN) and the individual determiners of their intention to use CIM.

The situations of people affected by psychiatric disorders and subsequently hospitalised are complex. They require healthcare options combining multidisciplinary approaches.

Approaches applying complementary and integrative medicine (CIM) are increasingly offered to these patients as therapeutic options. As the hospitals in French-speaking Switzerland integrate these new practices ever more frequently, it appears that healthcare professionals consider themselves insufficiently trained in CIM. Furthermore, patients lack reliable information on these approaches.

The present study aims to describe the influence of individual determiners on psychiatric professionals' intentions to use CIM. This will put into perspective all the psychosocial factors which either facilitate or hinder the integration of CIM practices into the therapeutic care options they give to patients.

The study uses a mixed-methods approach: a quantitative questionnaire, developed from a qualitative approach using focus groups and interviews, will be distributed to 197 psychiatric healthcare professionals in canton Vaud. The questionnaire will undergo a rigorous validation procedure so that at the end of the present study it can be used more widely in the psychiatric hospitals of French-speaking Switzerland.

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### Research team

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